

THE AMERICAN ACADEMY OF COUPLE & FAMILY PSYCHOLOGY

AACFP Newsletter Summer 2011

<http://www.familypsych.org>

President's Message: "Collaboration, Specialization, Education"

By Lenore E. Walker, Ed.D., ABPP,
President, AACFP

As many of you are aware, our past president, Melton Strozier has gone on a well earned sabbatical leave from Mercer University that began in September and since he is less available traveling the world, I agreed to over the presidency prior to my term that officially was to begin in January. It has been three months filled with activities on our behalf.

I began by attending the ABPP board meeting at APA in San Diego in August where I heard reports from all the other boards and academies about their activities last year and goals for this year. In a simple phrase the concentration is on education in specialty areas through training and collaboration. There is no question that specialization is the future of psychology. No one of us can learn all that there is to know to be an expert as a generalist although we can know enough to learn when and whom to refer. Even in psychology doctoral training programs there is room to specialize although faculties like my own at Nova Southeastern University Center for Psychological Studies have diverse opinions about when and in what areas to specialize. This past June, ABPP presented the Oregon workshops where each specialization conducted one workshop for members to attend. Florrie Kaslow presented a very successful workshop on couples and family psychology ethics representing us there.

State licensing boards are beginning to

credential psychologists in specialty areas and in Florida only those psychologists who are certified by an approved organization with

credentials such as required by ABPP boards may use the title, "Board Certified". Other states are beginning to consider specialty areas in their scope of practice. In Florida we have collaborated with other ABPP boards and academies and formed the FL ABPP chapter. One of our major functions is to attend psychology board meetings and monitor proposed changes. Our opinion is often sought by the board members on issues they have under consideration. When we can collaborate with other organizations that are also represented there, we have power to influence the growth of psychology.

The goals of our Academy include supporting our Board in recruiting and training new specialists in Couples and Family psychology. In our spring meeting with the Board and Division 43, the Academy announced our intention to provide advanced training and education in our specialization area. We have collaborated with these other groups to assist in developing functional and



Lenore E. Walker, Ed.D.,
ABPP, President, AACFP

foundational competencies in couples and family psychology.

We will be mentoring early career psychologists and students who wish to take advantage of the new ABPP program to register credentials now so they will be ready when the person is ready to choose a specialization.

If you have some ideas to share and collaborate with members, please let me know!

Opportunity for you!

If you have a position for a Board Certified Family Psychologist, or a position for a systems oriented family psychologist with accompanying supervision and mentorship useful for board certification, or a formal residency opening in family psychology please let us know so we can list it in the Newsletter. Through the Academy information can help colleagues find opportunities.

AACFP OFFICERS

President

Lenore Walker, Ed.D., ABPP
Nova Southeastern University
Center for Psychological Studies
Private Practice Walker & Associates
3301 College Avenue
Ft. Lauderdale, FL 33314
E-mail: drlenorewalker@aol.com

Past President

Melton Strozier, Ph.D., ABPP
Mercer School of Medicine
655 First St.
Macon, GA 31210
Phone: 478-301-2218
E-mail: strozier_am@mercer.edu

Treasurer

Andrew H. Benjamin, J.D., Ph.D., ABPP
School of Law
University of Washington
William H. Gates Hall
Box 353020
Seattle, WA 98195-3020
E-mail: gahb54@u.washington.edu

Secretary

Christopher P. Tobey, Ph.D., ABPP
606 Commercial Avenue
Suite G
Anacortes, WA 98221
cptobey@comcast.net

AACFP Newsletter Editor

Charles G. Guyer II, Ed.D., ABPP
Naval Hospital
Camp Lejeune, NC
103 Tryon Court
Jacksonville, NC 28546
E-mail: charles.guyer@med.navy.mil

Consultant

Florence Kaslow, Ph.D., ABPP
128 Windward Drive
Palm Beach Gardens, FL 33418
Phone: 561-625-0288
E-mail: dfrkaslow@bellsouth.net

CONTENTS

Volume 11, No. 1 Summer 2011

President's Message.....	1
American Board of Couple & Family Psychology.....	3
ABCFFP President's Column.....	4
Board of Trustees Report.....	5
Special Release to the Acadamey Newsletter.....	6
News of Members.....	7
Call For Papers.....	8
Ongoing Collaboration in Couple & Family Psychology.....	9
Twenty Years - The Beginning.....	10
Twenty Years - Can It Really Be?.....	11
Editor's Notebook.....	12

Presidents of The American Board of Couple & Family Psychology

William C. Wester II, Ed.D.....	1980 - 1981
Lawrence Vogel, Ph.D.....	1981 - 1982
Daniel Araoz, Ed.D.....	1982 - 1984
Julia Heiman, Ph.D.....	1984 - 1986
Gerald R. Weeks, Ph.D.....	1986 - 1988
Michael C. Gottlieb, Ph.D.....	1988 - 1990
Barbara Williams, Ph.D.....	1990 - 1992
Charles G. Guyer II, Ed.D.....	1992 - 1994
Joseph Poirier, Ph.D.....	1994 - 1996
Florence Kaslow, Ph.D.....	1996 - 1998
Florence Kaslow, Ph.D.....	1998 - 2000
John Franklin Batkins, Ph.D.....	2000 - 2002
Marsali Hansen, Ph.D.....	2002 - 2004
Irene Goldenberg, Ed.D.....	2004 - 2006
Frank Ezzo, Ph.D.....	2006 - 2008
A. Rodney Nurse, Ph.D.....	2008 - 2010
Mark Stanton, Ph.D.....	2011 - 2013

THE AMERICAN BOARD OF COUPLE & FAMILY PSYCHOLOGY

Brief Description of Specialty

Intervention and assessment in Couple and Family Psychology embracing the total family system including individuals, couples, families, and the intergenerational systems.

Current Board Members

President

Mark Stanton, Ph.D., ABPP
Azusa Pacific University
Dean BAS
901 E. Alostia
Azusa, CA 91702

Tom Sexton, Ph.D., ABPP
Ctr. For Adol. & Family Studies
Counseling Psych Program
Indiana University
1901 East 10th Street
Bloomington, IN 47405

Past President

A. Rodney Nurse, Ph.D., ABPP
PO Box 175
Orinda, CA 94563

John Thoburn, Ph.D., ABPP
Seattle Pacific University
3307 3rd Ave., W
Seattle, WA 98119
thoburn@spu.edu

Gerald P. Koocher, Ph.D., ABPP
Associate Provost and Professor
Simmons College
300 The Fenway
Boston, MA 02115

Terence Patterson, Ed.D., ABPP
University of San Francisco
1913 Eddy St., 33
San Francisco, CA
94115-3125

Ward M. Lawson, Ph.D., ABPP
Tri-County Psychological Services Inc.
541 W. Hubble Drive
Marshfield, MO 65706

Academy President, ex officio
Lenore Walker, Ed.D., ABPP
Center for Psychological Studies
Nova Southeastern University
3301 College Avenue
Ft. Lauderdale, FL 33314

John Northman, Ph.D., ABPP
4955 N Bailey Avenue
Amherst, NY 14226

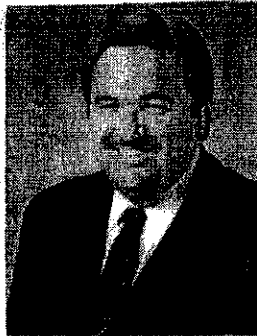
Non-Board Member
Credential Reviewer
Nathan Turner, Ed.D., ABPP

Michele Harway, Ph.D., ABPP
Chair, Psych Doctoral Program
Antioch University
801 Garden Street, #101
Santa Barbara, CA 93101

American Board of Couple and Family Psychology President's Column

Mark Stanton, Ph.D., ABPP

The ABCFP board is focused this year on aligning our specialty-specific eligibility and examination criteria more thoroughly with recent couple and family psychology competency literature (Kaslow, Celano, & Stanton, 2005; Stanton & Welsh, 2011). This involves a major revision of the specialty examination manual. The Stanton & Welsh text is a recent publication from the Oxford Specialty Competencies in Professional Psychology series edited by Arthur M. Nezu and Christine Maguth Nezu and it provides a thorough base for the key competency elements necessary for identification as a couple and family psychologist. Consistent with the general trend in professional psychology toward developmental models of competency in specialty areas, the ABCFP board desires to establish couple and family psychology ABPP standards that delineate the post-doctoral competencies needed to function as a specialist in the field.



Mark Stanton,
Ph.D., ABPP

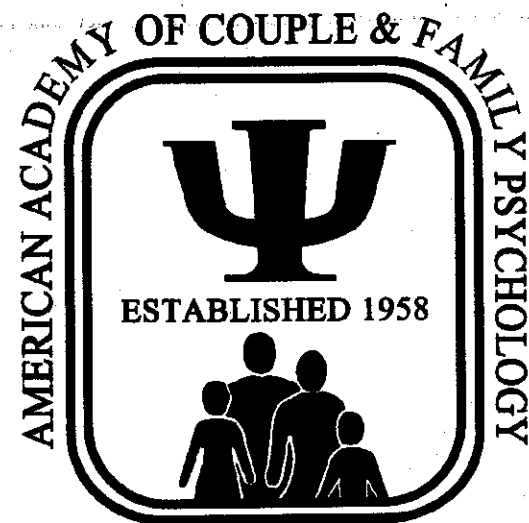
The work began with our winter board meeting in Ontario, California in March 2011. We refined the three eligibility tracks in our specialty (Basic CFP, Early Career CFP, and Senior CFP) and incorporated a more thorough emphasis on competencies into those track descriptions. For example, the introductory language describing eligibility for the Senior Track was revised to read "In order to qualify for application under the senior track, the candidates must present a strong case demonstrating their competence in couple and family psychology, using examples or descriptions, such as the illustrative examples listed below. The applicant should provide a brief summary of evidence for specific competencies, naming the competency and citing evidence demonstrating their level of proficiency or excellence." The criteria were revised to provide examples that can demonstrate competency in Scientific, Assessment and Intervention, Teaching, Supervision, and Consultation competencies. Candidates are asked to substantiate competence by providing a narrative and materials that support their level of knowledge, skill, and attitude for the specified competence. The revised eligibility criteria are now posted on the ABCFP section of the ABPP website, as is a March 2011 dated revision of the manual that now serves to guide applicants (see: <http://www.abpp.org/14a/pages/index.cfm?pageid=3359>).

Additional work is presently underway to revise the examination criteria, process, and forms to align with the foundational and functional competencies in the specialty. This process will continue across 2011 as various members of the board are assigned to review sections of our specialty manual for recom-

mended revisions. We believe this alignment will allow us to enhance our examination process and outcomes. When complete, the final version of the manual will replace the March 2011 version and it will be posted on the ABPP and Academy websites.

Another item of interest to CFP specialists is the forthcoming journal *Couple and Family Psychology: Research and Practice*. It is a joint venture of the APA Journals Program and the Society for Family Psychology. It will be a forum for scholarly dialogue and research that affects professional practice in couple and family psychology, so it should be of special interest to individuals who are board certified in the specialty. Articles will be expected to demonstrate strong connection to clinical practice.

Finally, we are pleased that there will be a joint meeting of the ABCFP board and the American Academy of Couple and Family Psychology at the APA convention in Washington DC in August, as well as a social hour that will welcome current and prospective couple and family psychologist specialists. It will be held on Thursday, August 4, in the Society for Family Psychology (APA Division 43) hospitality suite. We encourage anyone who is interested to join us.



Board of Trustees Report

John Thoburn, Ph.D., ABPP

I want to give a brief report on what is happening at the Board level of ABPP and how what the Board of Trustees is doing might affect the couple and family psychology specialty. First I must tell you that trying to fill Dr. Florrie Kaslow's shoes as the couple and family representative to the ABPP Board is daunting. The Board is composed of mostly 'heavy hitters' in the field of psychology - people like Nadine Kaslow and Chris Nezu, so I feel a little like Charlie Brown trying to play the piano alongside Schroeder.



John Thoburn,
Ph.D., ABPP

Having said my piece I'll get on with my report. There are two issues that the Board is grappling with that I believe have major implications for the couple and family specialty. The first has to do with specialty Academy/Board relations and the relation of those boards to the BOT. The academies represent the membership of each specialty, while the boards oversee the application and evaluation process for attaining diplomate status in a specialty, as well as maintaining quality control. In earlier years it was deemed important to keep an ethical buffer zone between the academy and the board, but as has been noted in earlier reports from Florrie, that buffer has been considered largely to be artificial and there has been a rapprochement between academies and boards in recent years. In fact, some specialties are actually combining their boards and academies. I think it behooves the couple and family specialty to think through and formulate a plan for the relationship between the board and the academy. **I would recommend that the ABCFP and AACFP formulate a joint task force and recommend a formal relationship plan to the two organizations.**

A second major issue that the BOT is taking up has to do with the development of sub-specialties. There currently is a Couple and Family specialty task force chaired by Dr. Kaslow to determine the viability and develop a program for a human sexuality/sex therapy sub-specialty within couple and family. I believe we need to get moving on this issue - why? Because if we work through all the issues involved in developing a sub-specialty then we could actually play a part in the development of policy for the greater ABPP. Being shapers of policy is, quite frankly, a better place than being adherers of a policy in which we have little say. **I want to recommend that the AACFP make this a major agenda item at its August meeting.**

In general news, ABPP considers its summer Workshop series to be a success i.e. the series broke even or better financially and attendance was up this year from the previous one. A major

reason was the strong presence of the Police and Public Safety group (they are not yet a specialty). It was recommended that boards and academies hold meetings and exams during the summer workshop series for the sake of synergy, but it was noted that one problem is that the summer workshops are close to APA on the calendar and so boards and academies often have to make a choice between one or the other.

ABPP is in good shape financially. Treasurer Randy Otto is working to organize the treasury to get more value from savings. ABPP's Special Projects Fund has \$15,000.00 of which \$10,500 has been committed to projects. The Fund is for special projects - not for giving examinations or writing manuals. For example, the Couple and Family specialty was a beneficiary of a grant from the Fund for its Florida workshop series.

Special Release to the Academy Newsletter

Florence Kaslow, Ph.D., ABPP

The workshops, sponsored by AACFP early in February 2011 in Ft. Lauderdale, FL, were hugely successful professionally. These were co-sponsored by the American Board of Couple and Family Psychology, the Society of Family Psychology, the American Board of Group Psychology, the Florida chapter of ABPP, and Nova University School of Psychology, - which awarded the CEU's. This marked the first time in many years that the Academy has run workshops to assist psychologists in preparing to become Board Certified by ABPP, to get advanced training and be updated in the latest developments in the field, to learn more about ethical and legal issues and the new benchmark competencies and much more, including what is entailed in mentoring.



Florence Kaslow, Ph.D., ABPP

The courses and faculty were:

Barry Jacobs, Ph.D. - "Family Caregiving"

Florence Kaslow, Ph.D., ABPP - "Ethics in Couple & Family Psychology"

David Schnarch, Ph.D. and Ruth Morehouse, - "Sexual Intimacy in Couples Relationships"

Melton Strozier, Ph.D. ABPP- "PTSD: The Biopsychosocial Impact on Families"

Lenore Walker, Ed.D, ABPP and Andy Benjamin, J.D., Ph.D., ABPP- "Protecting Children in Domestic Violence Families"

Preparing for the ABPP exam - Florence Kaslow, Ph.D, ABPP Separate

Workshops in Group Psychology by Joseph C. Kobos, Ph.D., ABPP & Sally Barlow, Ph.D., ABPP

Those who attended left with much enthusiasm for ABCFP and ABGP and commitment to move ahead. We hope they all do. If so, we should have more candidates this year than we have had in any one year in a long time. The workshops were definitely worthwhile in terms of recruitment and publicizing what we are doing in CFP, and in ABPP.

Once again, we thank the ABCFP for their support. The Academy Board hopes that when it plans such events in the future the entire planning process will be collaborative with our other two sister organizations and the event will be held at a time and place

where the Board, Academy and Society of Family Psychology (Division 43) can not only co-sponsor, but co-host and each will have a more visible presence.

Our thanks also to Chuck Guyer for the publicity he included in the Newsletter. It brought out J. Frank Batkins, a former ABCFP President, who we were all pleased to have with us and who was impressed with the vibrancy of the Academy and its offerings.

Kudos to Lenore Walker, who chaired the event, and her team of NOVA University students who worked diligently with her before and during the conference to make it run smoothly, to Andy Benjamin who handled the finances and kept us all on track, to Chris Tobey and Josh Gross, who, along with me, rounded out the committee. There were others who also pitched in along the way and we express our gratitude to them.

To those of you who have not yet rejoined the Academy, I hope knowing the Board and Academy are both "alive and well" and very vibrant might induce you to do so now. And please be assured that both Board President Mark Stanton, and Academy President, Lenore Walker, are interested in hearing from you if you would like to become active as mentors, examiners and/or committee members.

News of Members

Psychology Day at the United Nations
April 14, 2011

Florence Kaslow, Ph.D., ABPP

The APA-NGO (Non Governmental Organization) Delegation to the UN did a superb job of organizing a splendid event. Deanna Chitayat, our lead delegate and the entire team invested hours of thought and effort deciding on the program, selecting and inviting presenters and arranging venues for the events. Although our APA-NGO delegation is the main sponsor for this event, there was fine collaboration from the other psychological organizations' NGO delegations such as IAAP and ICP.



Florence Kaslow, Ph.D., ABPP

Four years ago this idea was masterminded by Dr. Florence Denmark, then the chair of our NGO delegation, along with Dr. Merry Bullock, Director of the APA Office of International Affairs (OIF). It has blossomed from a half-day event with a small attendance to a now full-day event that was over subscribed in advance.

The theme of this year's conference was "Reach Them, Teach Them: The Role of Psychology in Achieving Universal Access to Education." Achieving primary universal education for all children is one of the eight Millennium Development Goals (MDG's) that governments of the world agreed to reach by the year 2015. The event offers UN staff, ambassadors and diplomats, NGO representatives and students, the opportunity to learn what psychologists contribute to the United Nations, to exchange ideas and to establish multi-stakeholder relationships on global issues.

I was privileged to be invited to do the plenary address for the afternoon session. Entitled "The Pivotal Role of the Family in Their Child's Learning", I sought to relate the Educational Institution or Structure that is one of the essential component of the six basic Institutions in all societies to the others -family, economic (financial), political (governmental), religious, and health (physical and mental) as these are foundational and circumscribe what exists and what is possible. I tried to encompass the MDG's and the 2010 report by the UN Girls International Education Task Force as well as span the variegated socioeconomic strata within and between countries. At a more basic level I looked at parent(s) role in developing attitudes toward education, and study skills; respect for teachers; safe learning environments at home, on the way to school and in school; forming parent-teacher associations; political advocacy; overcoming religious barriers to education for girls, welfare/poverty and lack of parents as major deterrents, and

ever so much more that comprises the multifaceted global big picture. The questions that followed were all thought provoking and led to a lively discussion.

Psychology Day at the UN is a major contribution that APA through the OIA and our NGO delegation makes to the international scene and the pursuit of peace and justice. If you can ever arrange to attend it, you will no doubt find it worthwhile and informative.

Call for Papers

Couple and Family Psychology: Research and Practice

Couple and Family Psychology: Research and Practice (CFP:RP) is a scholarly journal publishing peer-reviewed papers representing the science and practice of family psychology. CFP is the official publication of the Society for Family Psychology (APA Division 43) and is intended to be a forum for scholarly dialogue regarding the most important emerging issues in the field, a primary outlet for research particularly as it impacts practice and for papers regarding education, public policy, and the identity of the profession of family psychology.

Submission procedures and details of the journal can be found at the APA website, <http://www.apa.org/pubs/journals/cfp>

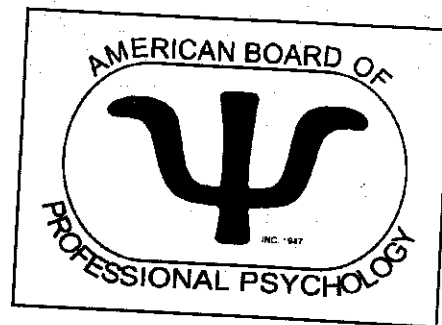


Editor: Mark Stanton, Ph.D., ABPP
Associate Editors: Cindy Carlson, Ph.D., Thomas L. Sexton, Ph.D., ABPP

Each issue of CFP:RP will feature theme articles that provide a primary focus for the issue. We intend that the principal theme article (the "lead" article that represents a major contribution to the field) will present a comprehensive and critical literature analysis in advance of refined or specific novel

material that reflects original research and/or clinical innovation. A systemic epistemology is expected to be evident in the conceptualization and analysis of each article, consistent with the specialty. Focused articles that supplement the major contribution will provide additional or alternative perspectives to each major contribution. The remainder of the issue will feature articles that represent the broad domain of the specialty of couple and family psychology.

Potential themes for early issues of the journal may include couple and family psychology: epistemology, theory, assessment, interventions, treatment process improvements, therapeutic relationship, specialty competencies, and ethics. Treatment focused theme articles may focus on particular clinical problem domains from a systemic perspective that combine research and practice (e.g., substance abuse, depression, eating disorders, relationship issues, sexuality). Research theme articles may demonstrate methodology, accumulated research knowledge, and clinically relevant research findings. Alternatively, major contributions around diversity, spirituality, or other overarching ideas are welcome. The method of the article should reflect the research question(s) and a variety of data and research methods are acceptable and encouraged. The editor welcomes inquiries regarding the suitability of ideas for theme or regular articles. Authors who wish to intend a principal theme article may submit a proposal prior to submission of a complete article in order to receive editorial recommendations.



MENTORING

Mentoring is helping qualified colleagues prepare their application, theoretical paper and work sample, and to prepare for examination.

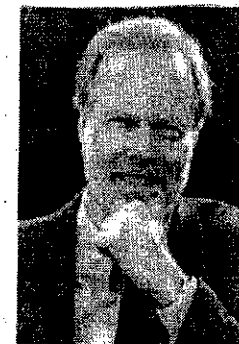
If you would like to be more fully and formally involved in the very satisfying mentoring process, please forward your name to Dr. Lenore Walker at

drlenorewalker@aol.com

Ongoing Collaboration In Couple and Family Psychology

John Thoburn, Ph.D., ABPP

The decade of the new millennium has seen a mutually beneficial collaboration between The Society for Family Psychology (SFP), Division 43 of APA; The American Academy of Couple and Family Psychology (AACFP); the American Board of Couple and Family Psychology (ABCFP) and the Family Psychology Specialty Council (FPSC). The goals for this collaboration have been strategic:



John Thoburn, Ph.D., ABPP

1. Seeking through unified vision and resources to raise the profile of family psychology as a specialty in the general field of psychology.
2. To increase awareness of the utility and clinical value of holding board certification in Couple and Family Psychology (CFP).
3. To acquaint a broad representation of psychologists interested in family psychology with family psychology competencies.
4. To reinforce the definition of family psychology in terms of epistemology, as well as population served.
5. To maintain the highest professional standards for the field of family psychology.
6. To broaden the base of leadership in the field of CFP.
7. To provide a range of coordinated resources to family psychology practitioners on the AACFP and SFP websites.
8. To increase the number of board certified couple and family psychologists.

The AACFP and SFP have collaborated in recent years through the FPSC on the utility of viewing family psychology as a specialty or as a sub-specialty. In 2010 a joint task force explored seeking APA accreditation for family psychology educational programs. The results of the task force were sobering - there are just not enough family psychology educational programs at this time to meet CoA criteria for accreditation and there has been a steady erosion over the years of family psychology rich pre-doctoral and post doctoral training programs. As Susan McDaniel has pointed out, training in family systems is labor and time intensive and does not lend itself to generalist training. While the issues facing specialty program accreditation are daunting we should not give up yet on the idea of specialty accreditation. However, we need to work assiduously to raise the profile of family psychology so that it is seen as a viable specialty alongside clinical, counseling and school. There are several goals that we must seek to achieve to this end:

1. The four family psychology organizations have collabo-

rated in recent years to develop comprehensive competencies in family psychology. Such a codified set of competencies will more clearly define the field in relation to other specialties of psychology and other health care disciplines such as marriage and family therapy. These competencies as they have been developed a) reflect the primacy of a systems epistemology in defining the field. A systems epistemology reflects both the reciprocal nature of the biopsychosocial model and the interaction of intrapersonal, interpersonal and environmental pressures on the development and maintenance of mental health. A systems epistemology also reflects the scientific study, teaching and clinical application of psychology with regard to individuals, couples and families in outpatient, inpatient and medical health settings, as well as domestic and international domains.

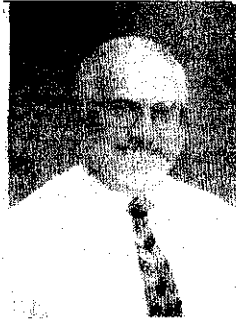
2. Family Psychology has sought a rapprochement with human sexuality and sex therapy. Human sexuality and sex therapy were originally part of the field of family psychology and the growing realignment with family psychology is mutually beneficial. Family psychology provides a natural home for human sexuality and sex therapy giving it a sure base from which to work in both APA and the general field of psychology. As a sub-specialty, human sexuality and sex therapy offer family psychology a greater imprimatur as a specialty discipline. This relationship needs to be nurtured by all four boards as we move forward in the next decade.
3. All four boards have adopted stances encouraging board certification in couple and family psychology as the standard for competency in practicing family psychology (with state licensure representing the minimal competency to practice in the field of general psychology). To that end the Academy and Society are encouraging student members of Division 43 to prepare for board certification through ABPP's early entry program and early career psychologists to pursue the acquisition of board certification in couple and family psychology as soon as they are eligible.

It is vital that the four organizations not lose the momentum gained through the diligent work that has transpired over the last decade. The next decade looks to be of great promise for the field of family psychology. Indicators from research by APA and Division 43 point to greater collaboration between family medicine and family psychology through the use of collaborative health care teams. The Veterans Administration is more freely recognizing the reciprocal relationship between veteran health and family health. As the baby boomer generation ages into their twilight years there will be greater emphasis on the health of adult children caretakers. Finally, family psychology is poised to offer the burgeoning field of organizational psychology fresh and useful perspectives for optimizing organizational life. All of these areas of growth for family psychology require collaboration with organizations and disciplines that are used to working with highly competent, credentialed professionals; thus our need to promote more strongly than ever board certification in couple and family psychology.

Twenty Years - The Beginning

Charles G. Guyer II, Ed. D., ABPP

The 2011 APA meeting will mark twenty years of the Academy of Couple and Family Psychology (Academy of Family Psychology) as it exists today in association with the American Board of Professional Psychology. I took the minutes for that organizational meeting and remember it well. It truly does seem like it was just yesterday. The original minutes reflect the following:



Charles G. Guyer II,
Ed.D., ABPP

The meeting took place in the hospitality suite of the Division of Family Psychology which was located in the Marriott Hotel in San Francisco, CA on August 17, 1991 at 8:00 am.

Those present for this meeting were: Dr. Michael C. Gottlieb, Dr. George F. Nixon, Jr., Dr. Charles G. Guyer II, Dr. Alice E. Worley, Dr. Barbara A. Williams, Dr. Joseph R. McCool, Dr. Charles L. Latimer, Dr. Don-David Lusterman, Dr. Theodore W. Schwartz, Dr. Nathan W. Turner, Dr. Barry G. Ginsberg, Dr. Anthony Todaro, Dr. H.L. Silverman, and Dr. Alice Greenberg.

Dr. Mike Gottlieb called the meeting to order. The first point of business was to ratify the constitution. The next order of business was to elect officers. There was a period of discussion and several names were submitted for president, then for president elect, then for secretary and then for treasurer. Dr. Mike Gottlieb was elected president; Dr. Joe McCool was elected president elect; Dr. Chuck Guyer was elected secretary, and Dr. Nate Turner was elected treasurer. A decision was made that the term of each officer would be for one year. The elections were determined to be held in conjunction with the meeting of the American Psychological Association. Dr. Charles L. Latimer was appointed chair of the bylaws committee. He was tasked with revising the bylaws and refining them. Dr. Alice Worley was appointed chair of the membership committee. She was given the task of finding viable ways to encourage minorities to sit for the ABPP exam in Family Psychology. She was also to establish a Newsletter for the Academy and to be its first editor. She was to work with the editor of the Family Psychologist to communicate news from the Academy to the Division of Family Psychology. The dues for the Academy were set in place and it was anticipated that they would take the place of the renewal dues which were paid to the American Board of Family Psychology to maintain a Diplomate (at that time it was assumed that Academy would take over all matters for the American Board of Family Psychology that did not directly have to do with examining candidates for the Diplomate in Family Psychology). It was decided that the president of the Academy would be the individual that would liaison with the Division of Family Psychology board of trustees. Dr. George Nixon was appointed

chair of a long-range planning committee. The next meeting of the Academy was to coincide with APA which was to be held next in Washington, DC in August 1992.

There it is! that was the first meeting of the Academy of Couple and Family Psychology. It was a short meeting because most the people in that room had a lot of other APA business to attend to. I think the suite was also scheduled for something else at 9:00 am. I do think we have come far since that first meeting. Sometimes it feels far. The field of Family psychology has made many changes since then. Some of those changes are surely good, some maybe not. Time will be the final judge, and it does go by rapidly.

Twenty Years - Can it Really Be?

Personal Reflections

Florence Kaslow, Ph.D., ABPP

Although I was not involved in the Academy at its inception, since I was on the then ABFamP and the rules were that the two organizations were to function separately, I did have several very special connections to it, which began many long years ago. First and important then and now were my collegial relationships which have ripened into treasured friendships with Nate Turner, Chuck Guyer and Mike Gottlieb. They pulled and held the Academy together and Nate went on to establish and become the first Chair of the Association of Academy Presidents. We have an abiding respect and love for one another and have truly been there for each other in wonderful and in difficult personal and professional times and are hoping for a four-way reunion at the APA Convention this year. If we rapidly jump to the more recent past and present - after a slow period - the Academy was revitalized in the new millennium under Presidents Frank Ezzo, John Northman, John Thoburn, Melton Strozier and now Lenore Walker and I feel privileged to have been invited by each of them to serve as a consultant to the Academy Board and to again have seen our collaborative relationships blossom into valued friendships across time and space. The current Board with Lenore at the helm, Melton as Past-Chair, Andy Benjamin as our superb Treasurer and active Secretary Chris Tobey is outstanding; one of which we can all be proud.



Florence Kaslow,
Ph.D., ABPP

Second, since the days when Chuck Latimer and Josephine Beebe first set up and ran the Academy workshops for those interested in obtaining their diplomates in what is now Couple and Family Psychology, I have taught on the faculty for these programs. They were well attended in the early years under Chuck and Jo's leadership and then there was a quiet period. Later, Tanya White organized workshops at several APA conventions and again I had the good fortune to be invited to be on the faculty - always updating and changing subject matter and having the privilege of seeing participants move forward to become Board Certified and to enjoying being involved as some became active in ABCFP and/or The Academy. And just this year, 2011, the current Academy Board, with the now permissible co-sponsorship of ACBFP and of Division 43, began running what we hope will be a new series of workshops. The ones recently held in Ft. Lauderdale were eminently successful.

Providing such workshops is one of the Academy's main functions as it works in conjunction with ABCFP to recruit candidates for Board Certification in Couple and Family

Psychology. Having members of the Academy serve as mentors and examiners is another, and current Academy leadership is striving to see that we do both. And we again have a Past Academy President, John Northman, serving as Chair of the Academy Presidents Association, now as a member of the ABPP Board of Trustees.

Thank you all for including me in this vital organization and to those who are my dear friends, in your lives. To those who have not been active, you are encouraged to become involved in a variety of ways and I hope you will join us at the Board/Academy reception at the APA Convention on Thurs. night at the Division Suite. - another hallmark of our 3 way collaboration.

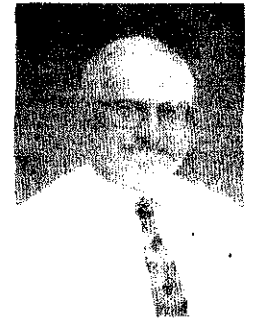
Editor's Notebook

Charles G. Guyer II, Ed.D., ABPP

In my last note to all of you I said The Academy of Couple and Family Psychology begins a new year. That was written as we headed into January 2011. The American Psychological Association (for those of us who are and have been active in it) marks its years from August to August with its yearly convention. Our Academy is on the APA calendar and this APA year is a special one for us. The Academy of Couple and Family Psychology will be 20 years old this August. The present form of our Academy came about because ABPP decided to pair each specialty board with a specialty academy. The specialty board idea itself was fairly new in 1991 (before ABPP was on a regional board model). I was around for the regional board model. It was an exciting time to be involved with ABPP. I was elected the founding president for the American Academy of Counseling Psychology and the founding secretary for The Academy of Family Psychology. I also served on both the Counseling Psychology Board and the Family Psychology Board. ABPP was trying to work out what the exact relationship between the boards and the academies would be. The first idea was that the academies would be the arm that recruited and elected members to the boards and the boards would only examine candidates. I am not sure that ever actually worked because there were just not enough people. Today I am not clear on what the official relationship between a board and an academy is. I do not know if that truly matters.

What I do feel matters is the commitment those who become involved with the Boards and the Academies make to the profes-

sion of psychology and to each other. I feel about my service to ABPP much the way I felt about my service in the Navy. It was an honor to serve my country but that was enhanced by the people I met. I have been honored with the opportunity to serve on the Family Board and to serve on the board of directors of the Academy but most of all to have the privilege to meet/befriend some of the hardest working, dedicated and kind people that exist anywhere in the world. I have worked with people in ABPP who have become dear and cherished friends. Wonderful people like Florrie Kaslow, Nate Turner, Mike Gottlieb, Barbara Williams, Joe McCool, Joe Poirier, Neil Grossman, Daniel Araoz, Jon Carlson, Bill Wester, Gerald Weeks, Melton Strozier and many others. Many of the people that I worked with in the early years are now deceased but still in my thoughts and prayers. These past twenty years with the Academy has taught me a great deal, but it has most of all enhanced my life through these friendships. I would not trade the time I have spent working with the Family Board and Academy for anything. **THANK YOU ALL!**



Charles G. Guyer II, Ed.D., ABPP

Contact Information:

Dr. Charles G. Guyer II
103 Tryon Court
Jacksonville, NC 28546
charles.guyer@med.navy.mil

AMERICAN ACADEMY OF COUPLE AND
FAMILY PSYCHOLOGY NEWSLETTER
103 TRYON COURT
JACKSONVILLE, NC 28546



[Handwritten signature]

Dr. Steve Kadin
3163 Rose Avenue
San Luis Obispo, CA 93401

RETURN TO SENDER
NOT DELIVERABLE
AS ADDRESSED
UNABLE TO FORWARD

NIXIE 913 SE 1 01 09/15/11

RETURN TO SENDER
NOT DELIVERABLE AS ADDRESSED
UNABLE TO FORWARD

EC: 28546793403

*1592-01473-22-45

28546@7934

